**Date Signed**

**Membership Number**

**MEMBERSHIP AGREEMENT**

**PERSONAL INFORMATION**

**First Name:**  **Last Name:**

**Mobile No.:**  **Nationality:**  **Gender: Male**

**Female**

**Date of Birth:**  **Email:**

**Address in UAE:**

**Tel:**

**Membership Type: \_**1 Month

**Start Date:**

**Expiration Date:**

**New Join Member:**  **Renewal:**  **Membership Fee:**

**Payment Type: Card ONLY**

 **General Information**

**How did you hear about our Academy? What’s your intended Class group?**



**What is your objective in taking jiu jitsu lessons?**

Weight Loss





**Physical Activity Readiness Questionnaire (PARQ)**

Please tick yes or no to the following questions, it is recommended that you check with your doctor before starting any exercise regime.

1. Has your doctor ever advised you against any physical activity due to health or medical issues? **YES NO**
2. Do you feel pain in your chest when you undertake any physical activity? **YES NO**
3. Have you ever had any chest pain or felt short of breath when not undertaking physical activity? **YES**  **NO**
4. Have you ever lost balance or lost consciousness due to dizziness? **YES NO**
5. Do you have any injuries or conditions that could be made worse by increasing your physical activity? **YES NO**
6. Have you or are you currently being prescribed any medication for blood pressure or for any heart conditions?

**YES NO**

1. Are there any reasons not mentioned above why you should not undertake physical activity? **YES NO**

**If you have answered Yes to any of the questions above, you are strongly advised to seek a medical approval prior to starting any kind of exercise program. Members at Al Wasl Sports Club Jiu-Jitsu Academy are solely responsible for their health and the management accepts no liability for any injuries.**

**I have read, understood and completed this questionnaire. Any questions I had were answered to my full satisfaction.**

**Member’s Name:**  **Signature:**  **Date:**

**TERMS AND CONDITIONS**

By signing this agreement, I, the undersigned, agree to abide by the terms and conditions outlined below. I understand that any violation of these terms may result in the immediate termination of my membership without a refund. Al Wasl Jiu Jitsu Club reserves the right to amend these terms and conditions periodically and will notify members of any changes in advance via the noticeboard, website, and social media channels.

**A- SERVICES:** Al Wasl Jiu Jitsu Club Dubai provides services related to the practice and teaching of Jiu Jitsu and Self Defense.

**B- DISCIPLINE:** All members are required to wear the official AL WASL JIU JITSU CLUB Gi for all lessons that require a Gi.

A rash guard must be worn underneath for both Gi and no-Gi practices.

**C- Disclaimer:** Al Wasl Jiu Jitsu Club Dubai is committed to providing safe and high-quality services and facilities. However, the club is not responsible for any accidents, injuries, or damage that may occur on the premises or because of using its services and facilities.

**D- FREEZING AND CANCELLATION REQUEST** Should be filed on or before the **25th of the month with a signed form** for the request to take effect the following month.

* 1. Membership on 6-month **FULL UPFRONT** payment can be frozen minimum 1 weeks maximum 2 weeks (1 month) at a reduced fee of **50 AED** with a signed “MEMBERSHIP FREEZING FORM”. Freezing membership is allowed once a year.
	2. Membership on 12-month **FULL UPFRONT** payment can be frozen minimum 1 weeks maximum 4 weeks (1 month) at a reduced fee of **100 AED** with a signed “MEMBERSHIP FREEZING FORM”. Freezing membership is allowed once a year.
1. **Members agree to conduct** themselves in a respectful manner, not to disturb other members and always abide by all instructions of Al Wasl Jiu jitsu Club Jiujitsu staff.
2. **All members must change only in the designated changing rooms** and wear appropriate footwear

throughout the facility. Members are expected to dress modestly and respect the cultural values of the UAE. Undressing or changing attire in the training area is strictly prohibited.

1. Members agree to turn in any lost property at the reception desk. Lost items will be logged and held for four weeks before disposal, except garments, which will only be kept for two days.
2. All members must inform a staff member of any health conditions that may affect their use of **Al Wasl Sports Club Jiu-Jitsu Academy** facilities.
3. Members acknowledge that their use of Al Wasl Jiu Jitsu Club facilities is entirely at their own risk, and they are responsible for their health and safety at all times. The club assumes no liability for any injuries or risks associated with training.
4. By entering AL WASL JIU JITSU CLUB premises, members authorize the club to take photos and videos, which may be shared on social media and other platforms.

**Member’s Name:**  **Signature:**  **Date:**

**Ghazi bin Shekhan, Game Supervisor approval Signature:**  **Date:**